

Associate of Arts in Leadership Studies (AALS) Curriculum 20 Courses / 60 Credits

Christian Psychology Concentration

Reviewed & Updated, March 2026

Any & all of these courses will apply to the 4-year BALS program.

Biblical/Theological Studies Core 15 Credits

- BS 101 Bible Panorama (or, BS 104, NT Survey)
- BS 102 Biblical Interpretation
- BS 103 Old Testament Survey
- BS 104 New Testament Survey
- TH 211 Theological Foundations:
The Doctrines of God and Scripture
- TH 313 Theological Foundations:
The Doctrines of Christ and Salvation

Ministry & Leadership Courses 12 Credits (choose 4 courses)

- PT 101 Inner Healing and Prayer
- PT 102 Essentials of Spiritual Formation*
- PT 103 Communion with God*
*Students will normally take either PT 102 or PT 103.
- PT 219 Evangelism and Discipleship
- PT 245 Fundamentals of Christian Leadership**
- PT 301 Organizational Leadership**
**Students will normally take either PT 245 or PT 301.
- PT 345 Foundations of Preaching
- CC 406 Holistic Healing and Spirituality

Required General Education Courses 15 Credits

- HS 325 Western History I (required)
- GE 101 English Composition*
- GE 104 Introduction to Sociology (required)
- GE 221 Academic Writing*
- GE 242 Health Studies (required)
* Students must take either GE 101 or GE 221;
they may take both. Students who take only one of
those two courses will take one of the following:
- GE 216 Ethics and Worldview
- GE 310 Digital Literacy Essentials

Christian Psychology Counseling Concentration 15 Credits (choose 5 courses)

- CC300 Introduction to Psychology
- CC 301 Life Development & Change
- CC 302 Marriage & Family Counseling
- CC 303 Models of Counseling & Practice
- CC 304 Child and Adolescent Counseling
- CC 305 Anxiety, Crisis & Trauma Counseling
- CC 406 Holistic Healing and Spirituality
- CC 407 Creative Drama Therapy
- CC 408 Drama Therapy and Identity
- CC 409 Difference Counseling
- CC 410 God-shaped Brain and Heart
- CC 411 Transformation with Addictive Populations

Internships 3 Credits, or 6 Credits

- Students who have little or no ministry experience need to take at least one internship course.
 - They may choose to take a second internship course in place of a Ministry & Leadership course.
 - Students who have years of ministry experience do not need to take an internship, and may take a different course instead.
- PM 301 Internship #1 (required)
 - PM 302 Internship #2 (optional)



Kairos University
Campus of America Evangelical University

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